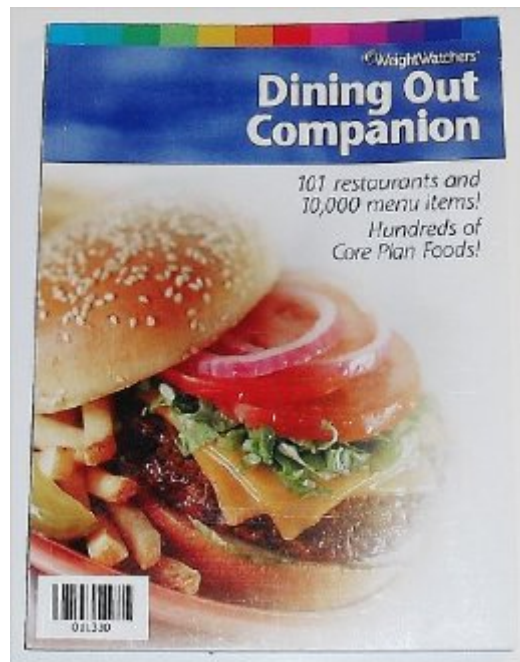


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# Dining Out Companion 101 Restaurants And 10,000 Menu Items! Hundreds Of Core Plan Foods!



## Synopsis

LEARN HOW EASY TO PLAN YOUR EAT OUT EXPERIENCE WITH THE DINING OUT COMPANION. WEIGHT WATCHERS HAS MADE 10.000 MENU ITEMS FOR YOU TO CONSIDER

## Book Information

Paperback: 288 pages

Publisher: Weight Watchers (2004)

Language: English

ASIN: B001KY2KSA

Product Dimensions: 7.6 x 5.8 x 0.6 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #275,972 in Books (See Top 100 in Books) #74 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers

## Customer Reviews

I love this book! Everything is printed so much bigger so it's easy to read. I am not doing so well on the new program but with this program I once lost 70 pounds.

Gift

great guide

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